



**NEWS RELEASE – Area Agency on Aging District 7**

Release Date: Tuesday, October 16, 2018

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**“Journey Through Aging” Event Offers Community  
Expertise and Education for Older Adults**

A special event for older adults and their families is being debuted in Jackson soon on Friday, October 26, 2018 at the Jackson Area YMCA from 10:00 am until 1:00 pm. The event is free and lunch will be provided.

“Journey Through Aging” will feature experts on hand with presentation topics and display tables that feature a number of topics of interest to seniors and anyone who is interested.

Special presentations will include:

- Senior Legal Issues presented by Southeastern Ohio Legal Services
- Wellness Programs presented by the Area Agency on Aging District 7
- Diabetes with Dr. Bradley Sevy of Adena Family Medicine – Jackson
- Medicare 101 with Job and Family Services
- Senior Scams and Exploitation with Jonathon Blanton of Consumer Protection.

Experts on hand to discuss a number of important topics will include:

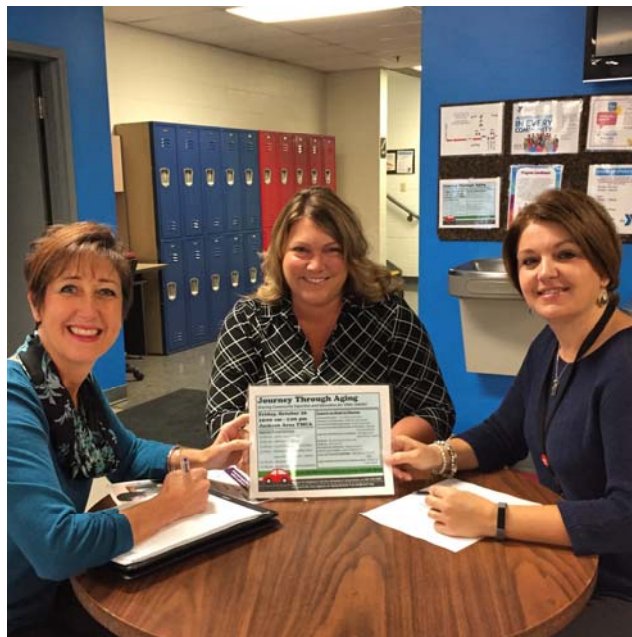
- Advanced Directives with Four Winds Community
- Alzheimer’s and Dementia with the Alzheimer’s Association
- Fall Prevention and Risk Assessments with Jenkins Care Community
- Health Information with Kings Daughters Medical Center
- Insurance-Covered Health Services in the Home with National Church Residences
- Long-Term Care Resources and Options with the Area Agency on Aging District 7
- Medicaid with Job and Family Services
- Medicare with the Area Agency on Aging District 7 and Job and Family Services
- Nursing Home Admissions with Edgewood Manor
- Post-Hospitalization Options with Holzer Health Systems
- Primary Care Providers with Adena Health System
- Scams and Financial Exploitation with the Ohio Attorney General’s Office
- Senior Activities and Services in Jackson County with the Jackson County Senior Center
- Volunteer Opportunities – RSVP/COAD of the Ohio Valley

Pre-registration is requested to attend the event by calling the Alzheimer’s Association locally at 740-578-4382 or e-mail the Area Agency on Aging District 7 at [info@aaa7.org](mailto:info@aaa7.org).

Your local Area Agency on Aging District 7, Inc. provides services on a non-discriminatory basis in ten counties in Southern Ohio including Adams, Brown, Gallia, Highland, Jackson, Lawrence, Pike, Ross, Scioto and Vinton. These services are available to help older adults and those with disabilities live safely and independently in their own homes through services paid for by Medicare, Medicaid, other federal and state resources, as well as private pay. The AAA7's Resource Center is also available to anyone in the community looking for information or assistance with long-term care options. Available Monday through Friday from 8:00 am until 4:30 pm, the Resource Center is a valuable contact for learning more about options and what programs and services are available for assistance.

Those interested in learning more can call toll-free at 1-800-582-7277 (TTY: 711). Here, individuals can speak directly with a trained Resource Specialist who will assist them with information surrounding the programs and services that are available to best serve their needs. The Agency also offers an in-home assessment at no cost for those who are interested in learning more. Information is also available on [www.aaa7.org](http://www.aaa7.org), or the Agency can be contacted through e-mail at [info@aaa7.org](mailto:info@aaa7.org). The Agency also has a Facebook page located at [www.facebook.com/AreaAgencyOnAgingDistrict7](https://www.facebook.com/AreaAgencyOnAgingDistrict7).

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“Journey Through Aging” will be held Friday, October 26<sup>th</sup> at the Jackson Area YMCA. Presentations and experts will be featured covering a variety of important topics for older adults. Pictured left to right are Shadra Jenkins, Jackson Area YMCA; Andrea Williams, Alzheimer’s Association; and Jenni Lewis, Area Agency on Aging District 7; who have been making plans for the special event. Pre-registration is appreciated.